Worksheet #

3.22

"People rarely succeed unless
they have fun in what
they are doing." - DALE CARNAGIE



## THE ART OF SILLINESS

An Online Workshop with Carla Sonheim • Session III • Wednesday, 1/26/11

Doodle it!\*



FLEEP WORDS DEFINED

kleem

polump

plinkle

hum Payhaiku!

Write a 5-7-5 structured haiku poem. Your topic: Bones

## EXTRA CREDIT

Take some time today to look through the drawings you have created over the past three weeks. Which exercises did you like the most? Which exercises caused you to feel most out of your comfort zone?

By being aware of your preferences you can more positively shape your drawing routine. For example, I always start a session by drawing in ways that I find most enjoyable (for me, it's blind contours or "scribbly" drawings). Then, if I'm feeling good that day, I'll move on to more challenging exercises (contour drawings) while I am already having fun.

If I'm NOT feeling that great, most often I'll take a pass on the harder stuff, leaving it for another day. (I figure, if I'm hating life while drawing, I'll be less likely to DO IT in the future!)