

"Caress the detail, the divine detail."

- VLADIMIR NABOKOV

# THE ART OF SILLINESS

An Online Workshop with Carla Sonheim • Session III • Friday, 1/28/11

By PROCLAMATION  
of the Squeen,

## "CATALOGUE THE DETAILS OF TODAY"



The Squeen is a very busy woman, as are her loyal subjects. They have no time for silly things such as today's assignment. (But remember, this IS a silly class, and sometimes you just have to do what the Silly Queen wants!)

Today's assignment is to spend 10-15 minutes cataloguing the mundane and minute goings-on of your day, in list form.

This exercise should be done in the late afternoon or evening so that your "day" is mostly behind you. Use the back of this worksheet\* if you need more space to write. Details, please!!

Wake up.

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\* You can type your day on the computer if you prefer.

"Wake up. Spit-cleaned right mandible. Spit-cleaned left. Stretched thorax. Said 'hello' to the queen..."