Worksheet #

"The problem with having a sense of humor is often that people you use it on aren't in a very good mood." - LOU HOLTZ

THE ART OF SILLINESS

An Online Workshop with Carla Sonheim • Session III • Saturday, 1/8/11

IT'S SILLY SATURDAY!

(So you have to do these things.)

4 PONDER

Spend four minutes thinking about the following statement:

A person with a sense of humor is like a wagon.

HAPPY BIRTHDAY TO YOU. HAPPY BIRTHDAY TO YOU. HAPPY BIRTHDAY, DEAR HAPPY BIRTHDAY TO YOU.



Spend one minute finding someone to sing to (can be by telephone), and one minute singing them "The Happy Birthday Song." Not their birthday? That's okay! Out of tune? Even better!



How long will it take to do today's assignment?

4 + 2 + 4 =



STRAIGHTEN YOUR SHOES

Spend exactly four minutes neatening up the shoes in your closet or entryway.



Show that you did these things... take a video, post photos or DRAW them! (Just do your best, and don't about whether

your drawings are "good" or not — you can worry about that tomorrow!) When drawing from life, keep your hand loose, look at the object you are drawing more often than you look at your paper, and breathe!