

"The essence of all art is to have pleasure  
in giving pleasure."

- MIKHAIL BARYSHNIKOV

# THE ART OF SILLINESS

An Online Workshop with Carla Sonheim • Session 5 • Saturday, 2/11/12

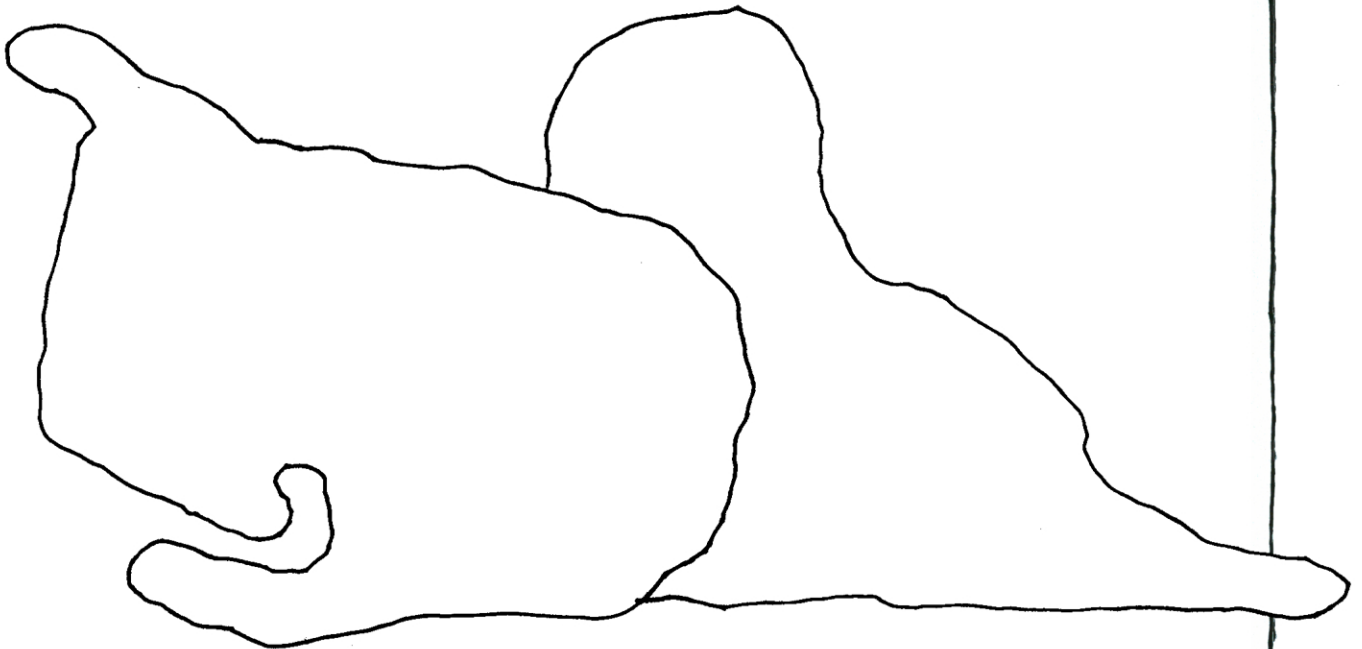
## IT'S **SILLY** SATURDAY!

(So you have to do these things.)



### 1. Do Six Jumping Jacks:



### 2. Turn these "blobs" into something else:



### 3. Repeat Step One.

 - That's silly.  Well, it **IS** a silly class!