

"The essence of all art is to have pleasure in giving pleasure."

- MIKHAIL BARYSHNIKOV

THE ART OF SILLINESS

An Online Workshop with Carla Sonheim • Session 5 • Saturday, 2/11/12

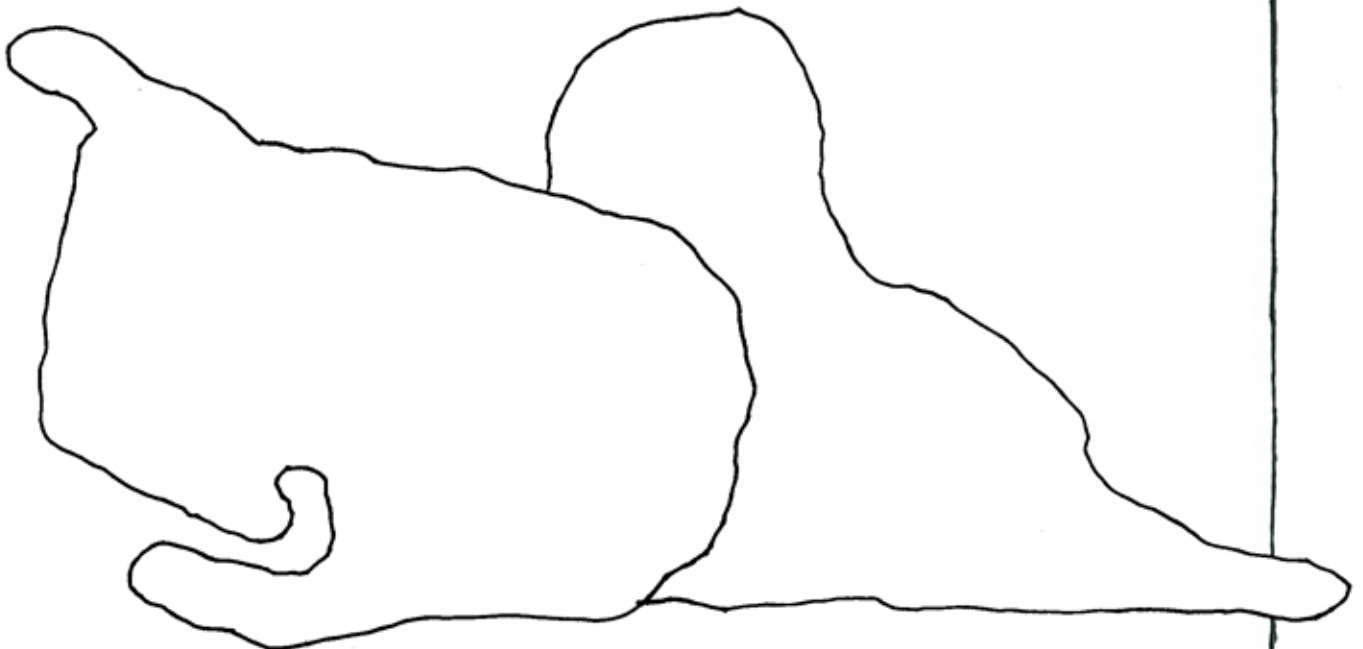
IT'S **SILLY** SATURDAY!

(So you have to do these things.)

1. Do Six Jumping Jacks:



2. Turn these "blobs" into something else:



3. Repeat Step One.



- That's silly.



Well, it **IS** a silly class!