



"Why isn't there a special name
for the tops of your feet?"

- LILY TOMLIN

THE ART OF SILLINESS

An Online Workshop with Carla Sonheim • Session 5 • Monday, 2/13/12

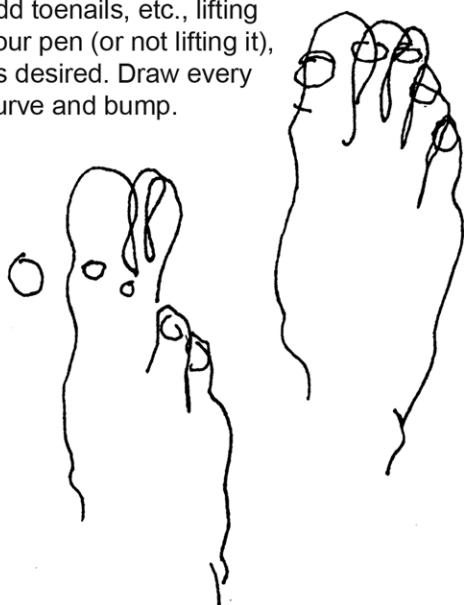
Drawing Exercise #5

BLIND CONTOUR FEET!

Assignment: Draw your feet
3-6 times WITHOUT looking
at your paper. You will look
at your feet 100% of the time.

Will the drawings look like feet?
Sort of... but it doesn't matter!
Blind contours are just an
exercise to get your eyes and
hands to start working together.

Here's how to do it: With pen
and paper in hand (and your feet
exposed), pick an edge and VERY
SLOWLY start moving your pen.
Try to match the speed of your
hand to the speed of your
eyes running along the edge
of the chair. Go ahead and
add toenails, etc., lifting
your pen (or not lifting it),
as desired. Draw every
curve and bump.



— Really? That's a foot?