

Worksheet #

4.11

"He's so slow that he takes an hour
and a half to watch 60 Minutes."

- EDWIN W. EDWARDS



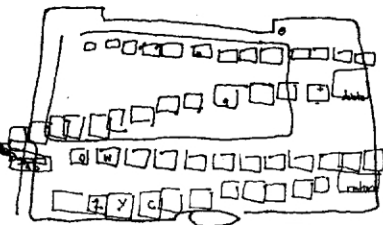
THE ART OF SILLINESS

An Online Workshop with Carla Sonheim • Session 4 • Saturday, 5/14/11

IT'S **SILLY** SATURDAY, which means it's time to...

S L O W . D O W N .

— Hold your pen loosely!



Drawing Exercise #8

Today's assignment is to do 3-8 **Blind Contour Drawings** of objects around your house or yard: chairs, flowers, computers, bicycles, etc.

How to do it: Take a moment to settle down comfortably and make sure you are breathing calmly! Now, fix your eyes on an edge of your object and VERY slowly start moving your pen. DO NOT look at your paper. Just tell yourself this is a "practice drawing only" to let go of any expectation of outcome. (They are *supposed* to look funny!) Continue, trying to get your eyes and pen to move along at the same slow-motion speed. Draw every curve and bump. (Blind contours are often done with one line only, but differ from "one-liners" in that you are to draw extremely slowly and should not to look at your paper.) **Extra Credit:** Do 3-8 MORE blind contours.