

Worksheet #

4.11

"He's so slow that he takes an hour  
and a half to watch 60 Minutes."

- EDWIN W. EDWARDS



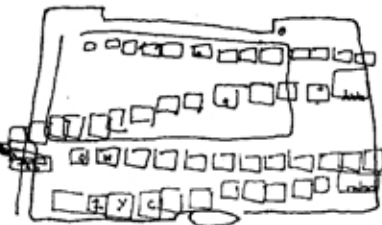
# THE ART OF SILLINESS

An Online Workshop with Carla Sonheim • Session 4 • Saturday, 5/14/11

IT'S **SILLY** SATURDAY, which means it's time to...

S L O W . D O W N .

Hold your pen loosely!



## Drawing Exercise #8

Today's assignment is to do 3-8 **Blind Contour Drawings** of objects around your house or yard: chairs, flowers, computers, bicycles, etc.

**How to do it:** Take a moment to settle down comfortably and make sure you are breathing calmly! Now, fix your eyes on an edge of your object and **VERY** slowly start moving your pen. **DO NOT** look at your paper. Just tell yourself this is a "practice drawing only" to let go of any expectation of outcome. (They are *supposed* to look funny!) Continue, trying to get your eyes and pen to move along at the same slow-motion speed. Draw every curve and bump. (Blind contours are often done with one line only, but differ from "one-liners" in that you are to draw extremely slowly and should not to look at your paper.) **Extra Credit:** Do 3-8 MORE blind contours.