Worksheet #

"Creativity is a natural extension of our enthusiasm."

- EARL NIGHTINGALE

## THE ART OF SILLINESS

An Online Workshop with Carla Sonheim • Session 4 • Saturday, 5/7/11

## IT'S SILLY SATURDAY!

Today your assignment is to go outside (if it's nice) and find somewhere to sit with a pen and this worksheet. Read the quote by Earl Nightingale, above, and spend the next 10 minutes recording some of your "enthusiasms." These can be silly, serious, imaginary, or mundane. You can communicate your ideas through writing, drawing, or a combination of the two.

