## the art of SILLINESS

An Online Workshop with Carla Sonheim

**Housecleaning Day** 

Silly: It's good for the souly-soul-soul.



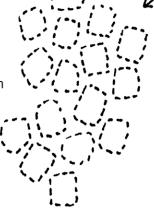
## IT'S SILLY SATURDAY!

(So you have to do these things.)



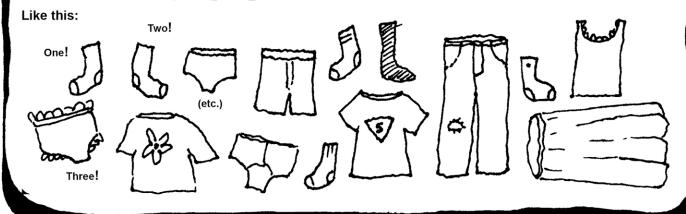
## THROW CONFETTI

- 1. Cut out confetti at the right.
- 2. Throw all over the living room floor.
- 3. Vacuum.
- 4. Repeat.



COUNT THE LAUNDRY

Count the number of pieces of laundry you put in the washer today. Extra credit: Shout the numbers out at the top of your lungs.



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